



# THE TIMES OF INDIA

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GET MOTIVATED

## 1 BIG B AND OVER 60 CELEBS IN NEW MOTIVATIONAL SONG GUZAR JAYEGA :

Over 60 celebrities, including actor Amitabh Bachchan, Sania Mirza, Leander Paes and Mahesh Bhupathi, have recorded a new track, 'Guzar Jayega', which aims at spreading positivity during the ongoing pandemic

GOOD NEWS

## 2 'NATIONAL TREASURE' SERIES IN WORKS AT DISNEY PLUS

A TV series, based on the 'National Treasure' movies is in development at Disney Plus. It was revealed by Jerry Bruckheimer, the producer of the original 'National Treasure'

## 3 NEW POST ALERT: PODCAST BY OUR STUDENT

<https://toistudent.timesofindia.indiatimes.com/news/top-news/new-post-alert-podcast-by-our-student/52654.html>

STUDENT EDITION

WEDNESDAY, MAY 13, 2020



WEB EDITION

### SELENA GOMEZ TO HOST A QUARANTINE COOKING SHOW



Singer and actress Selena Gomez is bringing a quarantine cooking show to HBO Max. The untitled series, starring and produced by Gomez, will air 10 episodes of 'Unapologetically Authentic' cooking, alongside a rotating cast of master chefs, who will join remotely. The unscripted series offers Gomez an opportunity to realise her dream of being a chef. It comes on the heels of the pop star's latest album, 'Rare', January's 'Rare'.

ENTERTAINMENT

### ED SHEERAN, DUA LIPA AMONG SPOTIFY'S MOST-STREAMED

Pop stars Ed Sheeran, Dua Lipa, and Charlie Puth, have been named the most-searched artists on Spotify—while 'Coldplay' and 'Linkin Park', tops the most-searched, on the global music app. The robust and rich content on the app in India, ranges from locally-curated favourites—including Top Hits Hindi and Punjabi 101 among others—to global playlists such as Today's Top Hits and New Music Friday.



Dua Lipa's latest track, 'Don't Start Now', infectious pop track, 'Dance Monkey' by Tones, and 'I Don't Care' by Ed Sheeran and Justin Bieber, were among the most-streamed tracks from the label's catalogue

### NEWS IN BRIEF

CLICK HERE FOR MORE



Moon disappeared for months in 1110!

### ... SCIENTISTS MAY HAVE SOLVED THIS 910-YEAR-OLD MYSTERY

Almost a millennium ago, the Moon disappeared from the Earth's night sky for months at a stretch, leaving the planet without its much-needed lamp to illuminate the night's darkness. More than 900 years later, scientists may now have found the reason behind the Moon's strange disappearance, thanks to an earthly phenomenon. According to scientists, a combination of volcanic ash, sulphur and cold weather, led to the Moon's vanishing act.

DID YOU KNOW?

### ELEVEN-YEAR-OLD LANDS ON FIRST-EVER VERT RAMP AT 1080 DEGREES



The 1080 degree is a skateboarding trick, performed on a vertical skateboard rampkateboarding  
Legend Hawk landed the first 900 in 1999, nine years before Khury was even born

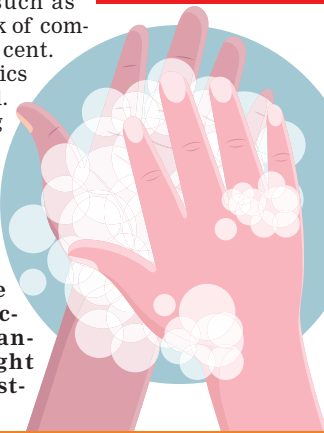
Skateboarding is set to make its Olympic debut at the Tokyo Summer Games, which have been scheduled to 2021 due to COVID-19

Eleven-year-old Brazilian, Gui Khury has made skateboarding history by becoming the first person to land a 1080 on a vertical ramp more than two decades, after Tony Hawk completed the first 900. In a video posted on Facebook, Khury soars into the air; completes three full rotations (1080 degrees), before completing the trick with finesse. He then kneels down, tosses his helmet in the air, and falls onto his back, in celebration. "1080!!!! have no words to explain what just happened," Khury posted on Facebook.

### STAYING HYGIENIC CUTS RISK OF COMMON INFECTIONS BY 50%: STUDY

Researchers have found that improved hygiene habits, such as hand-washing, reduces the risk of common infections by up to 50 per cent. It reduces the need for antibiotics by up to 30 per cent, they added. With hand-washing becoming an essential part of everyone's daily routine during COVID-19, experts have urged the policymakers to recognise the role of community hygiene, to minimise the spread of infections. The initiative will help in reducing the consumption of antibiotics, and help the fight against antimicrobial resistance, they stressed.

FITNESS



### CBSE RELEASES DETAILED HANDBOOK FOR CLASSES XI & XII APPLIED MATHS

The Central Board of Secondary Education (CBSE) has released a handbook for students of class XI and XII on Applied Maths, as it is a new subject introduced by the Board. The handbook contains the syllabus as well as exercises for the new course.

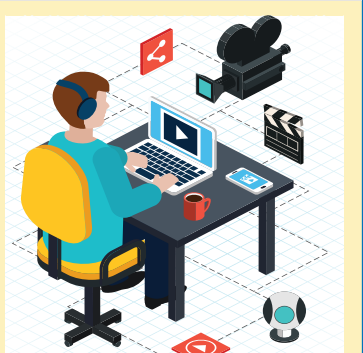


EDUCATION

Meanwhile, the Board is yet to release any information on the revised syllabus, for all the subjects, for the new academic session. Recently, senior CBSE officials had confirmed that the Board and NCERT are working on reducing the syllabus for class X and XII. Schools have been permitted to reduce the syllabus for classes I to VIII. (TNN)

### VIDEO EDITING APPS

**THE PHOTOS APP ON WINDOWS 10:** The Photos App doesn't offer the tools that are necessary to edit a full feature film, but you can utilise this Windows 10-native app to perform basic video editing actions



**iMOVIE:** On Mac, iPhone & iPad: Each video recorded with your iPhones and iPads can be edited with an iOS version of iMovie, for free. Moreover, you can utilise iMovie to edit videos from Mac computers, and upload them directly to the YouTube channels

**FILMORA9:** Starting a new project in Filmora9, cutting video clips, or creating soundtracks for your videos, requires a basic video editing experience. If you are posting your videos to YouTube, then Wondershare Filmora9 video editor enables them to export videos directly to their channels

**POWTOON:** This web-based video editing platform is aimed at businesses that want to edit their videos online, and share them on popular social media platforms

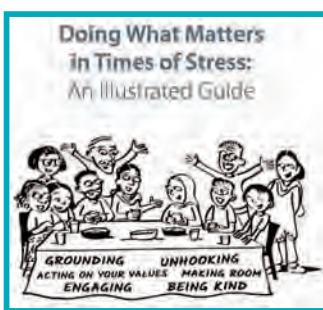
## ARE YOU STRESSED? HERE'S HOW TO FIGHT STRESS



The World Health Organisation (WHO) has released a new guide related to fighting stress, during the challenging time of coronavirus. The mental health guide, summed up in illustrations, explains some of the common reactions, stress can bring out in people—from withdrawal, emotion rife-up, or feeling lost and deprived. The guide recommends simple steps to deal with stress in times of the ongoing pandemic and even otherwise.

### WHAT CAN YOU DO TO TAKE CARE OF YOURSELF?

- Find a way to stay connected with your friends/ family virtually
- Maintain a gratitude journal. Pen down what you feel
- Remain physically-active. Engaging in, even the simplest of exercises, can make you fight stress or anxiety
- If you are working from home, try and destress, take out time for yourself, maintain on-screen time, at the end of the day
- Spend time with your family. It can be a good bonding exercise
- It's possible that the news you watch can make you anxious. Consider taking a break and watch something entertaining
- Remember to take things at its own pace. Do things that make you happy, and do not do something to seek social media validation

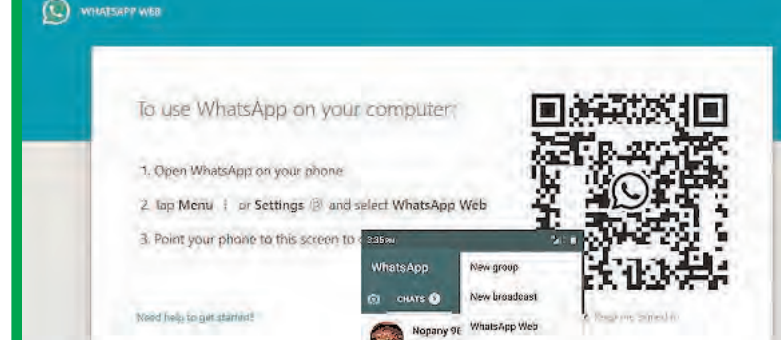


Doing What Matters in Times of Stress: An Illustrated Guide

## FACTOID

\$910 BILLION - \$1.2 TRILLION

That's the estimated revenue loss in international tourism – around 60-80 per cent in 2020– due to the COVID-19 pandemic, claims the World Tourism Organisation (UNWTO). The pandemic has caused a 22 per cent fall in international tourist arrivals, during the first quarter of 2020, in comparison to 2019. Tourism has been hit hard, with millions of jobs at risk, in one of the most labour-intensive sectors of the economy



### WhatsApp for web to integrate with Messenger Rooms

Last month, FB had announced the launch of Messenger Rooms, which allow group video calls of up to 50 people, with no time limit  
People can create a room from Messenger or FB, and invite anyone to join the video call, even if they don't have a FB account  
In Facebook Messenger Rooms, the users can post links in their news feed

TECH BUZZ

Facebook launched a video conferencing tool 'Messenger Rooms', last month to take on Zoom and other video platforms. A new report has now claimed that 'Messenger Rooms' shortcut will soon be available on Facebook-owned WhatsApp's Web version. It will enable users to connect with their friends and family via Messenger Rooms, from their PCs and laptops. The shortcut will appear under the Attach button, along with other options. However, this new version hasn't been rolled out to all users yet in WhatsApp Web and Desktop update, as it is under development.

### A new tool to help in public speaking

Researchers have developed a novel tool that may prove helpful for individuals who fear to talk in front of a crowd. A team of researchers at Penn State has developed a public-speaking tutor on the Amazon Alexa platform. The tutor enables users to engage in cognitive restructuring exercise—a psychological technique that helps anxious individuals recognise and modify negative thinking behaviours.

The fear of public speaking is called Glossophobia



Photo: Getty Images

## HELP YOUR MOM: STOP YOUR KITCHEN BIN FROM SMELLING YUCKY

Emptying your trash bin every day is not a guarantee that it won't stink. Here are some easy ways to get rid of those odours...

- RECYCLE OLD NEWSPAPERS:** Even if you change your bin bag twice a day, a mysterious layer of dirt still collects at the bottom. Use old newspapers to layer the bottom; they soak liquids and stop the lingering stink.
- USE BAKING SODA:** Sprinkle some baking powder at the bot-



### LOCKDOWN CHORES

the bottom of your bin helps, as both are effective odour neutralisers.

**SEGREGATE YOUR WASTE:** Keep separate dustbins for dry, wet and toxic waste. Get rid of wet waste on a daily basis.

cat poop at the base of the bin is a good way to get rid of rancid smells, as it absorbs them (in a flash). But don't go hunting for cat poo outdoors during the lockdown.

**VINEGAR:** Boil a full kettle of water, pour into the bin, add a dash of vinegar, close the lid and leave it for 30 minutes. The vinegar-infused steam helps in removing the stubborn dirt. Then pour out and wipe dry.

**DON'T EXPOSE YOUR BIN TO HEAT:** Heat promotes the fermentation of waste, thereby spreading bacteria. Avoid keeping your bin near the gas.

Times NIE does not recommend you to attempt these activities without adult supervision

**GOT A CAT?** We are not kidding. Sprinkling



HARD TALK... EDUCATORS LEAD THE WAY



# Locker Room

## dos and dont's

**B**eing a mother to two teenagers who is also teaching high school students, I always suggest my kids and students to avoid bragging about exotic foods, movies, makeup, etc, especially on social media, and also not to succumb to any bragging by others that lowers one's self-esteem. I tell them to connect with an adult if any conversation sounds inappropriate to them. Students need to set clear boundaries on what they need to respond to and what not.



**SHALINI RAWAT,**  
teacher,  
Yadavindra  
Public School,  
Mohali

**T**he real change should begin from home which is the first classroom. **Boards should include sex education as an important part of the curriculum rather than schools conducting workshops.** Adolescence is an intense period and active measures need to be taken to instill values. It's not only parents and teachers who need to champion the cause of raising responsible citizens, but media too.



**PADMA KUMAR,**  
Principal,  
SGVP,  
Ahmedabad

**G**ender sensitisation is an important topic. All students should learn to respect the other gender. Teaching this in a classroom can take two primary forms: showing them meaningful videos, through story telling, narrating positive anecdotes, and sharing learning from these sources. Children should be allowed to be discuss openly what they have learnt - in the classroom.

**DOs**

- ▶ Tell children stories, show them videos on gender sensitisation.
- ▶ Forms groups in the classroom for discussion on the learnings from these talks.
- ▶ Allow children to discuss best ways of treating the other gender with respect.
- ▶ Respecting the human form is important - that of a boy or girl; teachers should explain this in class.
- ▶ Teach through positive encouragement techniques.
- ▶ Use positive reinforcement.
- ▶ Parents should discuss gender-related issues and take steps in their home to ensure there is a sensitive approach towards this topic.
- ▶ Talk about empathy, consent and respect, so that children can imbibe these values.
- ▶ Address the nuances of privacy - with oneself and others.

**DONT's**

- ▶ Don't use harsh words while talking to children about this topic.
- ▶ Don't comment on the body type of any person whatsoever.
- ▶ Don't reprimand a wrong doer disrespectfully.
- ▶ Don't lecture children about this topic in a preachy way.
- ▶ Don't tell them what they should not do.



**Dr SOBHANA NAIR,**  
Coordinator  
for Jr College,  
Guardian High  
School and Jr  
College,  
Dombivli,  
Mumbai



**MAYA GOPINATH,**  
TGT Social  
Science,  
Chennai Public  
School,  
Chennai

**L**ocker rooms have now turned into lobbies for cheap and vulgar talks. We all have to accept that we are bringing up our children in a sexually explosive world. Parents have a great role to play here. They should not hesitate to bring these conversations during family get-togethers. Exposing to them the grave consequences of such situations is one way of protecting them. Teachers can also guide youngsters on how to use social media. Teach them how social media can influence their perception and character.



**SEEMA SHARDA,**  
Principal,  
Vantage Hall  
Girls'  
Residential  
School,  
Doonga,  
Dehradun

**W**here have we, as educators and parents, fallen short? What is it that we need to teach our children at school and at home? Social media has become an addiction. **To handle this challenge of the 21st century, we need to teach three crucial values to our young generation - self-respect, self-discipline, and respect for others.** We need to engage our children in constructive activities constantly, to build these qualities and to make them aware of grievous consequences that any wanton behaviour may attract.



**SUKANYA MAZUMDER,**  
Psychology  
teacher, The  
Heritage  
School, Kolkata

**O**ur children learn more by watching us than by listening to us. Adults must consciously stop using any derogatory gestures or words for others and stop gossiping about any sexual harassment victim or survivor. Let us mould our children to be thoughtful and empathetic individuals. Teach them from a young age, at home and at school, to respect and protect each other. It starts in the mind, let us fight it there. Once the mind has clarity, respect for fellow human beings will come naturally.

**I**t's time to ponder on what we can do collectively to reverse the trend. These are some simple dos for parents.

- ▶ **Listen:** Curb your instinct to overreact to what children confide in you.
- ▶ **Meet their friends:** Also, the parents. You are likely to learn more about any negative activity earlier.

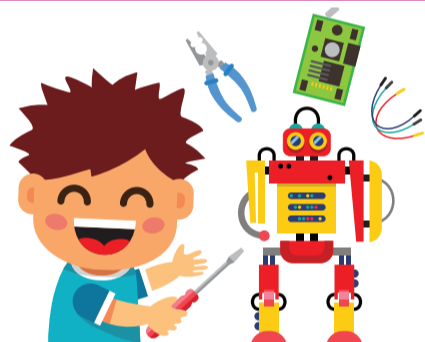
▶ **Don't give a separate phone:** Share yours till they become responsible adults.

▶ **Guide, don't lecture:** Concept of power dynamics and selective behaviour based on your dealing with subordinates and servants will be integrated into your child's behaviour. So be mindful of your behaviour.



**SMITA GHOSH,**  
Counsellor,  
Ahmedabad

**S**chools impart knowledge, skill, and ability to work and strive. But in this competitive world, we have failed to instill patience, ability to understand, sympathy and empathy, and the feeling of security or for that matter the art of being happy. **Educators and parents need to educate everyone in the art of being happy and how to differentiate between need and craving.** Let's cultivate compassion and increase resilience while building a safer and more caring world.



**TECH TONIC**

## Tech terms you must know

**Wireframe:** Sketch of what a website/web app will look like, includes key components on the site.

**Cookies:** Cookies are very small text files placed on your computer by a web server when you view some sites online (not all websites place cookies). Cookies are used to maintain information as you navigate different pages on a website.

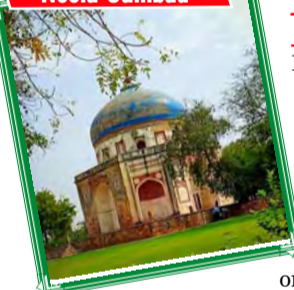
**Data mining:** The process by which patterns are discovered within large sets of data with the goal of extracting useful information from it.

**Broadband:** The ability of your Internet Service Provider to transmit data (the internet) to, and from, you.

## ACTIVITY OF THE DAY

# History Mystery

**Neela Gumbad**



**1** Neela Gumbad stands in the premises of Humayun's Tomb in Delhi, though it was built much before Humayun's Tomb! This beautiful structure doesn't have a Mihrab (look down for the meaning of Mihrab) **What do you think - is the Gumbad painted blue, or is it the colour of the tiles?**

**Ans: Those are blue tiles!**

**Mihrab**



**2** This is a 'Mihrab' on the premises of Qutub Minar. Built by Iltutmish, the successor of Qutub-ud-din Aibak (one who started building the Qutub Minar). Mihrab is a niche in a wall indicating direction towards which Muslims pray. **If the camera was zoomed out, how many of 'Mihrab' could have been shot?**

**Ans: Two more, one on each side**

Content and pics by 'History Diaries'. Co-founded by IIT-Delhi alumni, it is an initiative to make history interesting, engaging and relevant, transforming the way it is being taught in schools

## TEST YOURSELF

**GUESS THE MEANING OF THESE SHAKESPEAREAN WORDS**

- ▶ Besides inventing words, William Shakespeare (1564-1616) also introduced many more that found usage in the English language. We're noting a few down, try and guess the meaning.
- |                                                                                         |                                                                                     |                                                                          |                                                          |                                                                                                                                   |                                                                               |                           |
|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------|
| <p><b>1. Auspicious</b><br/>a) Clear, precise<br/>b) Favourable<br/>c) Questionable</p> | <p><b>2. Castigate</b><br/>a) Converse<br/>b) Strengthen<br/>c) Scold or punish</p> | <p><b>3. Dauntless</b><br/>a) Risky b) Intrepid<br/>c) Unsustainable</p> | <p><b>4. Equivocal</b><br/>a) Ambiguous<br/>b) Equal</p> | <p><b>5. Pedantic</b><br/>a) Hung upside down<br/>b) A structure that supports a monument<br/>c) Overly concerned with detail</p> | <p><b>6. Refractory</b><br/>a) Fragile<br/>b) Obstinate<br/>c) Pleasantly</p> | <p>weight c) Balanced</p> |
|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------|

**Answers: 1b 2c 3b 4a 5c 6b**

**LEARN WITH TIMES NIE**

## Trade Vocabulary

**INTERDEPENDENCE:** A relationship between two or more people, regions, nations or other entities in which each is dependent on the other for necessary goods or services

**TARIFF:** A fee charged for goods brought into a country from another one

**REVENUE TARIFFS:** Taxes on imports

**EMBARGO:** A law that cuts off most or all trade with a specific country

**SUBSIDIES:** A government payment that helps cover the cost of an economic activity that can benefit the public

**BALANCE OF TRADE:** The difference between the value of a country's import and export

**BALANCE OF PAYMENTS:** The difference between the amount



of money a country pays to foreign countries and the amount it receives from them

**TRADE DEFICIT:** The amount by which the cost of a country's import exceeds the value of its export

**FREE TRADE:** A system of trade in which companies do not have to pay high taxes on the goods bought from or sold in other countries

**WUZZLES**

## WUZZLES

Each Wuzzle is a word riddle which consists of a grid of letters. Some letters are placed, others are blank. For example, WOODEN is W \_ \_ \_ \_ \_ N. Today's Wuzzle is: L \_ \_ \_ \_ \_ W \_ \_ \_ \_ \_ W \_ \_ \_ \_ \_ W \_ \_ \_ \_ \_

**WORD PUZZLES BY WOOD TOM**

<p>1. <b>L AW</b> <b>LA W</b> <b>L AW</b></p>	<p><b>The Seaso</b></p>
-------------------------------------------------------	-------------------------

Print Your Answers Here:  
1.   
2.   
Today's answers:  
1. Broken laws  
2. The beginning of the season

Created by Tom Underwood  
www.wuzzles.com

Answers:  
1. Broken laws  
2. The beginning of the season

## Quiz time

### GENERAL KNOWLEDGE

Aashna Goyal, Anahita Srivastava, & Shreehan Behera, classes IV & V

**Q.1) What did Galileo invent?**  
A. Barometer B. Pendulum clock  
C. Microscope D. Thermometer

**Q.2) This statesman, scholar, inventor, and one of early presidents of USA, invented the swivel chair, the spherical sundial, the moldboard plow, and the cipher wheel.**  
A. George Washington  
B. Alexander Hamilton

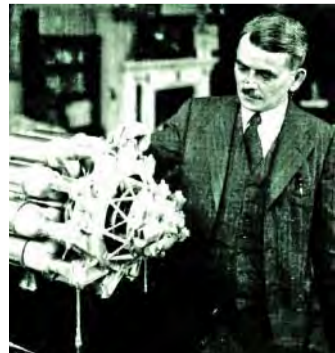


C. Thomas Jefferson  
D. John Adams

**Q.3) Who invented Jet Engine?**  
A. Sir Frank Whittle  
B. Gottlieb Daimler  
C. Roger Bacon  
D. Lewis E. Waterman

**Q.4) Who wrote the book 'The Prince'?**

A. Bernard Shaw B. VS Sharma  
C. Niccolo Machiavelli D. Emile Zola



**ANSWERS**

1. D) Thermometer 2. C) Thomas Jefferson 3. A) Sir Frank Whittle 4. C) Niccolo Machiavelli

## FAMILY CIRCUS



"See? I cloned her!"